



# PONDEROSA

Back Country Horsemen of Washington  
We Get it Done !



December 2019

## CALENDAR

**December 3,**  
**Membership meeting**  
**and Christmas Party at**  
**6 pm Hayford**  
**Community Church,**  
**Airway Heights WA**

**December 31 PBCH and**  
**BCHW Memberships**  
**due**

**January 7, 2020- PBCH**  
**Meeting**

**January 25, 2020 BCHW**  
**Leadership Training**



**McLellan Conservation Area**



## **December Meeting and Christmas Party!!**

**\*\*\*\*\*New 6:00 pm start time for meetings, 5:30 for socializing!\*\*\*\*\***

Dear members,

At our December 3 meeting we will have a Christmas party!

Spouses, older children, and guests are all welcome to join us.

There will be a gift exchange. Please bring a wrapped unisex gift for each person in your party. Gifts can be Christmas themed, BCH mission themed, homemade, or whatever. Valued no more than \$20.

Please also bring your favorite Christmas food to share. (Hot dish, snack, desserts, etc) Beverages will be provided.

If you have questions, please give me a call.

Patti Carmichael

466-2225

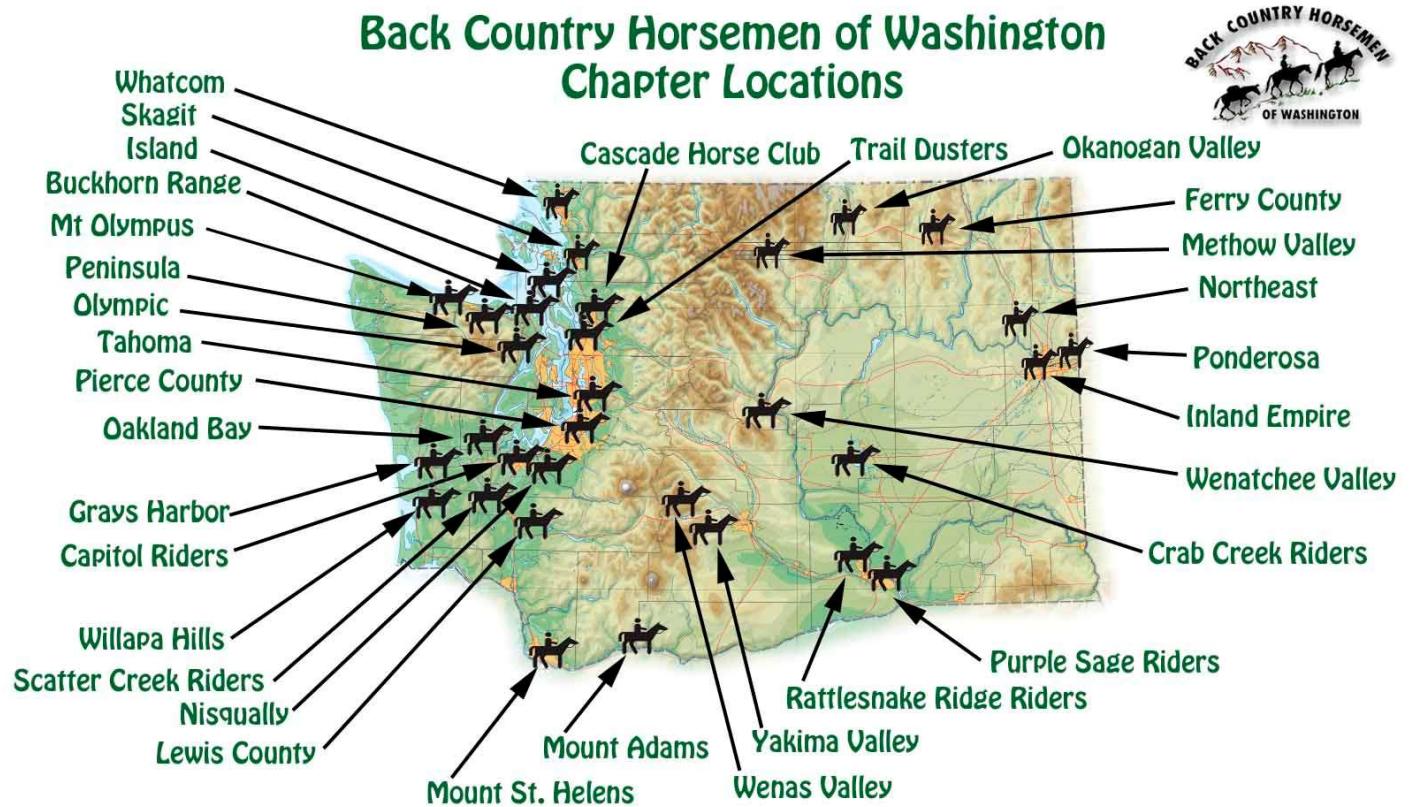
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## BCHW Membership

By Ken Carmichael

BCHW Memberships expire on December 31, 2019. Please go to [BCHW.org](http://BCHW.org) and join or renew today so you do not miss any of the benefits of membership. If you have any questions, issues or concerns, please don't hesitate to contact Dana Chambers at [membership.bchw@gmail.com](mailto:membership.bchw@gmail.com) or call 206-498-6952.



## **DATES to REMEMBER 2019/2020**

**November 29, 2019-** Rimrock 2 Riverside, Northwest Land Conservancy Work Party. Sign up through link and to get more detail:

<https://www.eventbrite.com/e/optoutside-workparty-at-rimrock-2-riverside-tickets-80117791471>

**December 3, 2019-** PBCH Meeting (\*\*\*\*remember: time for meetings is bumped forward to 6 pm\*\*\*\*)

**January 7, 2020-** PBCH Meeting

**January 25, 2020-** BCHW Leadership Training

**February 1, 2020-** Accomplishment pictures from 2019 due. Also BCHW Calendar Pictures.

**February 4, 2020-** PBCH Meeting

**February 17, 2020 -** BCHW Legislative Day - Olympia, WA

**March 3, 2020-** PBCH Meeting

**March 20, 21, and 22, 2020-** BCHW Rendezvous, Kittitas Valley Event Center – Ellensburg

**April 4, 2020-** Tentative Teeth Clinic with Dr. Charlie (contact Carol Klar for more info)

**April 7, 2020-** PBCH Meeting

**May 1<sup>st</sup> weekend-** PBCH ladies' campout. Limited spots; (contact Carol Klar for more info).

**May 5, 2020-** Cinco de Mayo and PBCH Meeting

**May 16, 2020 -** BCHW Joe Watt ride, Ellensburg

**June 2, 2020-** PBCH meeting

**June 6 weekend-** tentative PBCH Trail Obstacles Training at Rendezvous Ranch. Limited Spots.

**July 3 - 8, 2020** State Wide Work Party

**October 31, 2020-** 19<sup>th</sup> Annual Winery Ride and Halloween Costume/Prize Ride @ Zillah

*More dates for BCH activities across the state can be found here:*

[http://www.bchw.org/int/main/upcoming\\_events.htm](http://www.bchw.org/int/main/upcoming_events.htm)

PONDEROSA BCH  
OFFICERS AND COMMITTEES

11-7-2019

ELECTED POSITIONS

PRESIDENT	TOM BIRGE
SECRETARY	PATTY WRIGHT
TREASURER	DIANA BIRGE
STATE DIRECTOR	KEN CARMICHAEL

VOLUNTEER POSITIONS

EDUCATION	CAROL KLAR
LANDS	CRAIG VOLOSING
TRAIL BOSS/WORK PARTIES	DOUG BAILEY
VOLUNTEER HOURS	CAROL KLAR
LEGISLATIVE	OPEN
FUND RAISING	OPEN
ANALYSIS OF INCOME	KEN CARMICHAEL
DONATIONS	LINDA WHITE
GRANT ADMINISTRATION	DOUG BAILEY
EQUIPMENT INVENTORY	KEN CARMICHAEL
GROUP SPACE ADMIN	KEN CARMICHAEL
HISTORIAN	OPEN

MEETING ORGANIZATION

GREETER/NAME TAGS	PATTI CARMICHAEL
LIBRARY	THERESA BAILEY
PROGRAMS	Open
REFRESHMENTS	Open
ROOM MANAGEMENT	TOM/DIANA BIRGE
STORES	TOM BIRGE
MEMBERSHIP	DIANA BIRGE
NEWSLETTER EDITOR/PUBLISHER	MICHELLE EAMES/CINDY MILLER
ADS	Open
PUBLICITY	OPEN
COORDINATE W/ OTHER CHAPTERS	OPEN
PRINTED MATERIAL	KEN CARMICHAEL
PHOTOGRAPHY	GARY MILLER
FACEBOOK	CINDY MILLER/CAROL KLAR
WEB CONTACT	KEN CARMICHAEL
WEB MASTER	CHRIS BENNETT
SAFETY	DON DYER
SOCIAL ACTIVITIES	OPEN
TRAIL BOSS/ORGANIZE RIDES	OPEN

ADDITIONAL POSITIONS SHORT TERM

AWARDS AND RECOGNITION	PATTI CARMICHAEL
FINANCIAL REVIEW	OPEN
FUNDRAISER	KEN CARMICHAEL
TRAIL RIDE LEADERS	OPEN
WORK PARTY LEADERS	OPEN
NOMINATING COMMITTEE	OPEN

*Members,*

*Anyone is welcome to help in any of these areas, including providing refreshments for meetings, finding speakers for meeting, and I'm sure that any of the committee leaders would appreciate your help.*

*If you are interested in any of the open positions let me know.*

*If I have you listed someplace and you feel that you don't belong there let me know*

*Thanks*

*Tom*

*PBCH President*

## **Director's Report**

### **By Ken Carmichael**

I have been involved with several activities in the last month that should be of interest to Ponderosa BCH members. They pertain primarily with our Washington State Parks. They include:

**BCHW December board meeting** – The next BCHW board meeting will be Saturday, December 7 in Ellensburg. I do not know at this time of any specific topics other than the election of new BCHW officers.

**Mt. Spokane Nordic Area and Horse Camp Meeting November 5<sup>th</sup>** – I attended this meeting as a representative of the equestrians rather than the PBCH membership meeting. This project has proceeded for several years. At this point we are looking at good drawings of the proposed building and surrounding support features. This includes camping facilities for equestrians. Now we must decide if we can support the plan and accompanying cost. The community will be involved in this. We look forward to being part of this process.

**Riverside State Park Mapping Project** – The Riverside State Park Foundation continues to work with park staff to develop a detailed trail map for the park. We now have a rough draft and are developing the details of the marginal information. The trails in the equestrian area are being numbered. PBCH has agreed to help identify the trails on the ground with signposts. Hopefully this will be done in the spring. The map will be a great addition to the park.

**E-Bikes in State Parks** – State Parks has made an internal policy being distributed that Class 1 and Class 3 e-bikes can be on any State Park lands trail where bicycles are allowed, even soft surfaced narrow (single track) trails.

This was done without consulting with the recreation community, including hikers, wildlife watchers, horseback riders and even mountain bikers. Class 3 e-bikes can reach a speed of 28 mph and are significantly heavier than non-e-bikes. No one expected Class 3 e-bikes to be on soft surface trails. Few even wanted them to be. Not Washington Trails Association (WTA) or the bike organizations (EMBA and IMBA) and certainly not BCH.

This is an extremely dangerous policy, pushed out without public input from users or anyone else. Heavy e-bikes have the maneuverability of motorcycles on trails not designed for them.

Riverside State Park and Mt. Spokane State Park, the two largest state parks in Washington, are sure to be affected by this action. We will watch closely how this affects equestrians on the trail.

**Palouse to Cascade Trail (P2CT)** – This cross-state trail was formally known as the John Wayne Trail. Many studies have been made concerning the trail. At this point a consulting firm has been employed to do further study on that portion of the trail from Lind east to the Idaho border. I was asked to attend a planning meeting in Rosalia on Tuesday, November 19. Approximately 24 people were there and broken into small groups to provide input. I do not believe that any new information came out, although many issues were highlighted again. A report will be presented to the state legislature by January 15, 2020.

This is an important trail in Washington. It provides recreation and affects the economy of several small towns. However, the issues are many, including trail tread, bridges, tunnels, weed control, fences, gates, camping, trailheads, water and adjacent private property rights just to name a few. It becomes very complicated. In addition, there can be large expenses. If all goes as planned the P2CT will be part of a coast to coast trail.

Back Country Horsemen of Washington received a Recreational Trails Program (RTP) grant of \$17,000 to repair bridges near Pine City. This is west of Rosalia and Malden. The work is planned for early 2020 and I hope that PBCH will be involved.

I rode the trail in 1995 and 1997 from Hyak to Tekoa with the John Wayne Riders. It is a different and interesting ride.

## PBCH Educational Chair Report

For more information on any item below, please email Carol Klar: [cklar32@gmail.com](mailto:cklar32@gmail.com) Thanks to everyone who submitted their Education Survey Forms. This aided the planning process.

- Jan-Feb: **First Aid Training.** I have received member input and a date will be firmed up at Dec. meeting. Registration will also be done at the December meeting.
- April 4<sup>th</sup>: **Dr. Charlie provides Dental Education with your horse.** \*
- May 1<sup>st</sup> Weekend: **PBCH Ladies Campout** at Ancient Lakes. \*
- May 5: **Simple Electric Corral Construction** following our regular business meeting and Cinco de Mayo potluck. No registration needed for this one.
- June 6<sup>th</sup> Weekend: **Trail Obstacle Clinic** with Chris Jonason at [Rendezvous Ranch](#). \*

\*Registration Forms will be emailed to you in Jan-Feb, for April-June events. Space for most events will be limited, so prompt return is suggested.

Owips.com



## **Recipes from November Soup Social**

When the weather get cold and the nights get longer, its time for soup. Below are some of the recipes from the November Soup Social. Before making your soup, always make sure you have a hot enough cooking fire.



### **TOM'S CHILI**

Note From Tom Birge: *This is my chili recipe.*

*Never before published. I've made this for the last 15+ years and never had a complaint!*

**1# STEW MEAT**

**1# LEAN HAMBURGER**

**1# GROUND SAUSAGE**

**1 CAN PINTO BEANS**

**1 CAN KIDNEY BEANS**

**1 CAN BLACK BEANS**

**1 CAN DICED TOMATOES**

**1 CAN STEWED TOMATOES**

Fry all the meat first season with garlic salt and put into 6 quart crock pot, then add the beans and tomatoes and cook on high for 1 hour and then on low heat for an additional 3 to 4 hours.

Season to taste with chili powder; I don't like it real hot so I normally would put in about 2 tablespoons.

# Cauliflower Cheddar Soup – Carol Klar

## Ingredients

1 medium head cauliflower, broken in florets	2 tablespoons all-purpose flour
1 medium onion, chopped	3 cups whole milk
	2 cups shredded cheddar cheese
	1 tablespoon dried parsley flakes
	1 teaspoon salt
1 can (14-1/2 ounces) chicken broth	1/4 teaspoon ground nutmeg
1 chicken bouillon cube	1/8 teaspoon each cayenne pepper, curry powder
2 tablespoons butter	and white pepper

*Optional: one 16oz roll of Jimmy Dean Hot sausage*

If using sausage, brown in a skillet, break pieces apart while cooking then drain fat. Pour into the mixture below while simmering for 30 minutes in the last step.

## Directions

- 1 In a large saucepan, combine the cauliflower, onion, broth and bouillon. Cover and cook over medium heat until the vegetables are tender. Meanwhile, in a medium saucepan, melt butter; stir in flour until smooth. Gradually add milk. Cook and stir until bubbly. Cook and stir for 2-3 minutes longer or until thickened. Reduce heat; add cheese and seasonings. Pour into cauliflower mixture. Simmer slowly for 30 minutes (do not boil).

Also, if you are a zucchini lover, you can add 1-2 cups of diced zucchini at the same time the cauliflower is added. This is entirely optional. Soup is delicious either way.

# **Doris's Tortellini Soup, sort of.**

**By Doug Frederick**

When I was learning to cook, my mother, Doris taught me that substitution and addition are great things in cooking. I used the base recipe from "The Soup Sisters and Crock Brother's Cookbook".

2 tbsp butter, plus  $\frac{1}{2}$  cup butter.

1 cup finely chopped onion.

1 cup diced celery.

1 cup peeled and shredded carrot.

4 cups vegetable stock.

1 can diced tomatoes.

1 tbsp finely chopped oregano.

1 tbsp finely chopped fresh basil.

1 bay leaf.

$\frac{1}{2}$  cup all-purpose flour.

2 cups fresh tortellini.

1  $\frac{1}{2}$  cups half and half.

1 cup grated parmesan cheese.

$\frac{1}{2}$  cup water.

Salt and pepper to taste.

You start in a large pot with the 2 tbsp of butter add the celery, carrots, and onions and let them soften. At this point I added  $\frac{1}{4}$  cup of chopped bacon because I had some in the fridge.

Once this is softened add the stock, tomatoes, oregano, basil and bay leaf and bring to a boil. Now fresh herbs are wonderful and looking in my pantry I found some dried morel mushrooms from last year, so I re-hydrated them and added them at this point and held onto the liquid. I think fresh herbs and mushrooms kind of complement each other. Once at the boil cover until vegetables are tender and then remove bay leaf after about 30 minutes.

Meanwhile take the rest of the butter in a medium saucepan over low heat and melt, slowly add the flour while stirring constantly for 5 minutes. At that point slowly add 1 cup of hot soup stirring slowly until mixture thickens, then add 3 more cups of liquid and at this point I use my mushroom liquid, and I had about  $\frac{3}{4}$  cup left over.

Add the flour mixture to the soup and mix it in good. Then add the tortellini, half and half, and water to the pot. Bring the soup to a simmer season to taste. Cook tortellini for about 10-15 min until tender.

I like to add my parmesan right as I ladle up each serving.

## In the spirit of Giving Thanks

By Carol Klar



I recently received a promotional mailing from BCHA, and within the email was [this video link](#). It is just a little over 1 minute; watch it when you have time.

Two statements in this video really struck me...

1. "If you care about the future of trail riding, you should be able to offer at least 1 day/year for trail work."
2. "If you are not at the table, you are on the menu."

Item #1 is self-explanatory. ONE day per year is a small price to pay for all of the amazing trails we enjoy here in WA. For anyone who has never done a work party, start the new year right, by committing to ONE trail work day. You'll find it a fun and rewarding experience! For those who have been regular hands at our work parties, a BIG THANKS goes out to you; **many** awesome things have been accomplished.

Item #2 addresses representation and advocacy. This sort of indoor, behind-the-scenes activity is not as much fun or as visible as the outdoor stuff, so I'd like to recognize two of our advocates. Ken Carmichael has advocated equestrian interests to many agencies over many years, perhaps most notably the Riverside State Park board. Like so many expanding cities with a busy outdoor culture, our park has pressure from many user groups, and Ken adeptly keeps the equestrian community "**at the table**", so we aren't "**on the menu**". As an avid trail rider, I want to say --- **THANK YOU** to Ken. Your work is greatly appreciated by the equestrian community. Another thanks goes out to Craig Volosing who has been our voice in the Palisades-to-Riverside connection project. Craig has persevered for many moons on this project, and being what it is, it will need a few more years of his involvement. Thanks Craig; we always look forward to your updates, and can see the light at the end of the tunnel! One day, I hope to celebrate by riding End to End, and hope others will join me!

Happy Thanksgiving to all!

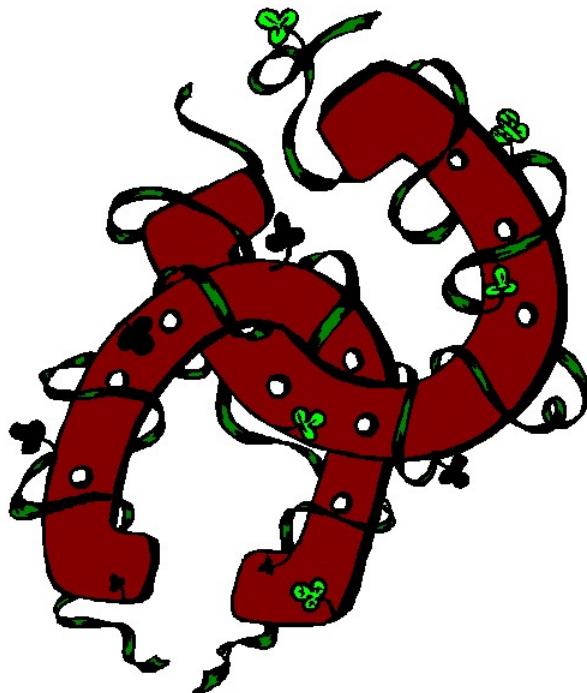


Carol Klar, Ponderosa BCH

## **2020 Officers:**

Tom Birge, President  
Diana Birge, Treasurer  
Patty Wright, Secretary  
Ken Carmichael, State Director

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### ***From the Editor:***

*I invite you all to send me your stories, tips, jokes, articles, photos, words of wisdom or whatever. I especially would like to encourage our officers and committee chairs to share their thoughts, visions and projects. The goal here is to make the newsletter fun, entertaining and informative.*

*Michelle Eames, Newsletter Editor*

*P.S. Please send me photos of you and your equine buddy so I can highlight you in our newsletter! Introduce yourself to the new members with background on you or your horse!*