



PONDEROSA

Back Country Horsemen of Washington
We Get it Done !

FEBRUARY 2019



CALENDAR

February 5, 2019

Chapter Meeting

6:30 pm

Hayford Community Church

Working Meeting Preparing Trail

**Signs; Bring appetizer or dessert
for snacking!**

February 25, BCHW Legislative
Day in Olympia

March 5, 2019

Chapter Meeting

March 15-17, 2019

Rendezvous

Ellensburg, WA

April 13, 2019

PBCH Vet and Vitals Clinic.

*[more dates to remember in
newsletter and attached
planning calendar]*



NOTE FROM THE PRESIDENT

Happy New Year everyone!

I started the year off by slipping on the ice and breaking a rib. I'm hoping that isn't an omen for the rest of the year.

The one item I want to address is the trail marker labeling. Those of you who were at the Miller Ranch work party might remember that we only labeled one side of the carsonite stakes. That was an over-site on my part. However, we can get this done at the February meeting. I will have all the supplies and, as a bonus, this will count as volunteer hours.

Labeling the stakes isn't a dirty job, an apron will be handy, gloves will be provided.

Tom Birge will give us some information about hard hats, T shirt and jackets for members.

I would like to encourage all of you who haven't been to a monthly meeting to please join us.

Thank You,

Doug Bailey,

President, Ponderosa BCH



What is Happening

By Ken Carmichael

I will cover several items in this article.

We have the opportunity to **promote our work parties** on a website. This could encourage trail users and builders from other organizations to join us in our work.

The chapter is developing a **Calendar of Events** for 2019. This is an ongoing project as opportunities arise. A draft of the 2019 calendar is attached. I suggest you put this somewhere handy as a reference. Also come to the meetings to provide your input. We are looking ahead to what we have planned for 2019. Just as a reference, attached to this newsletter is a summary of what we did in 2018. It was an active year.

The chapter is developing a **2019 budget**. This should be finalized at the February meeting. We welcome everyone's input.

Work on the **PBCH Scavenger Hunt** has started. We have applied to state parks for a permit for Saturday, September 28, 2019. Dress rehearsal will be Tuesday, September 24, 2019. Please plan on attending and helping. Tom Birge is researching the opportunities of providing scavenger hunt T-shirts for sale.

BCHW rendezvous is in Ellensburg March 15-17. Attendance is free, but you must purchase banquet tickets. See the BCHW website. If you would like to sit at the BCHW banquet table, please let me know. The BCHW website has a great explanation of all that is taking place at the rendezvous.

See another article about **membership renewal**. Please do not miss out by failing to renew.

DATES to REMEMBER

February 1, 2019, BCHW Calendar photos due.

Email your photos to BCHWcalendarphotos@gmail.com by February 1st 2019 to be included in the 2020 calendar. Ashley will continue to accept pictures for the next year's calendars as well.

February 1, 2019 – Pictures and script due for 2018 BCHW Accomplishment video

February 2, 2019 McKinley Peters Veterinary: 16th Annual Equine Education Day;

9 a.m. -1 p.m. Current topics in Equine Health will be presented. Free Admission, No Registration Required, Door Prizes! At The CenterPlace Event Center in Spokane Valley

February 5, 2019, PBCH Chapter Meeting

February 25, 2019 BCHW Legislative Day in Olympia. Contact Ken if interested.

March 1, 2019 – Renew membership deadline

March 5, 2019, PBCH Chapter Meeting

March 10, 2019, Rattlesnake Ridge Riders BCH Chili Feed Ride Fundraiser

at Horn Rapids Park, N. of Benton City, WA. Contact: Paul at 509-928-3600,
rrrbchw.info@yahoo.com

March 16, 2019, 4-H Tack Sale

March 15-17, 2019, BCHW Rendezvous, Ellensburg, WA.

Ponderosa is hosting the Dutch Oven cooking contest; Ken and Patty are putting up the BCHW Membership Development Booth. Enjoy shopping, educational displays, hands-on learning, horse trailer backing contest...and more!

April 2, 2019, PBCH Membership Meeting

April 7, 2019, Proposed PBCH Telford Trail Ride

April 13, 2019, PBCH Vet and Vitals Clinic.

April 14, 2019, Riverside State Park Barbed Wire Pick-up

April 17-21, 2019, Ride and Camp at Escure

April 24, 2019, Lakeview Corral Prep Work On Site

April 30, 2019, Volunteer Hours Due

Note: See PBCH Planning Calendar for 2019; included as a separate pdf for ease of printing!



BCH Membership

By Ken Carmichael

Annual membership in BCH goes from January 1 to December 31 each year. We can renew our memberships any time between October 1st and February 28th and not lose continuous benefits of membership. This means that the opportunity to renew memberships and continue uninterrupted is fast approaching. Membership renewal can be done on line as described in earlier newsletters or by completing the attached membership application.

We are also interested in having everyone benefit from their membership by actively participating in the events and managing the chapter. Please think about how you will be participating in 2019. At the January meeting we discussed our 2019 plans. This will be done again at the February meeting. A draft Activity Calendar is attached to this newsletter. There are approximately 50 volunteer opportunities in the chapter. If you have questions about how you can participate, please contact President Doug Bailey or myself and we will be glad to help you.

We still have a few spots open for the Vet and Vitals Clinic.

For More Information, contact Carol Klar: cklar32@gmail.com

Vet and Vitals Clinic

Presented by Ponderosa Back Country Horsemen

April 13, 2019

Location: 7616 N. Garfield Rd, Spokane, WA 99224

Would you like to know more about evaluating your horse's wellbeing? PBCH is offering a unique opportunity for clinic participants to spend one-on-one time with an AAEP equine veterinarian, learning to assess **your** own horse's vitals. Having an accurate baseline for your horse's vitals is essential to knowing when he/she is unwell. At the end of your clinic session, you will be able to do the following:

- Correctly assess:
 - Pulse (also covering the proper use of stethoscope)
 - Respiration
 - Temperature
 - Capillary refill time to evaluate circulation
 - Skin turgor to assess hydration
 - Normal gut motility sounds
- Get a written record for your horse's assessment, to take home for a health baseline.



Tie rings in arena are provided. Vet will work with each handler individually. You are welcome to observe the others in your group as well. Also available will be Coggins Tests/Health Certificates and vaccines, for anyone needing them. Download form for complete details and registration.

PONDEROSA BCH ACTIVITIES IN 2018: The Year in Review

January 11, 2019

RIDES AND CAMPOUTS:

Slavin Ranch
Riverside State Park
Fish Trap Lake
Escure Ranch (2 campouts)

SOCIAL EVENTS:

Party at Lake Spokane
Party at Dee Dee Denison's

CHAPTER SEMINARS:

Survival skills
Rope braiding
LNT Seminar for Reardan High School

MONTHLY MEETINGS WITH PROGRAMS:

Leave No Trace (LNT)
SCOPE – Sheriff Community Oriented Policing Effort
Reardan High School FFA class presentation
Wolves in the northwest
Inland Northwest Land Conservancy
Bears, cougars and wolves
Outdoors – volunteer hours and Facebook
Essential oils for horses
Veterinarian on reading the signs on your horse
Bring your favorite grooming tools
Christmas Party & BCHW President Kathy Young

WORK PARTIES:

Prepare trail signs for Escure Ranch (BLM)
Install trail signs & gate springs at Escure Ranch (BLM)
Install manure bunker & kiosk at Escure Ranch (BLM)
Remove barbwire fence at Riverside State Park
Remove more barbwire fence at Riverside State Park
Tear down corral at Lakeview Ranch (BLM)

FUNDRAISING, ADVOCACY AND PUBLICITY:

Scavenger Hunt
Display at REI Trails Day
Grant for work at Lakeview Ranch
Representation at public forums such as public land meetings and advisory committees

BCHW EVENT PARTICIPATION:

Rendezvous
Leadership training
Legislative Day
Wine Ride

This is our Final Entry for Favorite Rides Contest:

We will have a drawing for a fun gift for the entrants at the February Meeting.

Ken Carmichael Entry 3:

Lakeview Ranch, a Favorite Place to Ride

Lakeview Ranch a Favorite Place to Ride

By Ken Carmichael

The Bureau of Land Management (BLM) Lakeview Ranch is a little further from home than other places I typically ride but is a good two-day trip.

This property is somewhat long and narrow so you are riding either south or west out of camp. Going south is the longer ride all the way to Odessa if you take the entire trip. West is a shorter ride and more of a loop. All of this is open range land with single track and dual tract trails. Great views if you like the old west look. We came across some old farm equipment.

Camping is improving all the time. Right now there is good camping under some trees in a grassy area with a few highline opportunities and some picnic tables. BLM may have stock water turned on, we are working on that. There is no human water and no restrooms, we are working on the latter.

In the past there were wild mustang corrals which deteriorated. Last fall PBCH took down the interior panels in the corral and this spring we will rebuild it into a much nicer facility for trail stock.

Our work parties to build the corrals are set for early May, check the calendar for the exact dates.

Directions to the trailhead are:

West on Highway 2 through Reardan to Davenport

At Davenport turn south (left) on Highway 28

Stay on Highway 28 for 37 miles to Odessa

At Odessa turn north (right on Highway 21)

Stay on Highway 21 for 3 miles and turn west (left) on Lakeview Ranch Loop Rd.

NOTE: this turn off Highway 21 comes up on you as you are curving to the right so be going slow

Stay on Lakeview Ranch Loop Rd. for 5 miles (this is a gravel road and there are 3 sharp ninety degree turns)

Campground and corrals are on the left, there is a BLM sign

If you are looking for some variety in your riding and a new place check out the Lakeview Ranch.



1 Patti at Lakeview



2Lakeview Scene by Cindy Miller



3Camping Area at Lakeview Ranch

Final List: Favorite Ride Contest Entries:

Ken Carmichael Entry 1:	Riverside State Park, a Favorite Place to Ride
Carol Klar Entry 1:	The Methow Valley Back Country Horsemen Ride in April
Carol Klar Entry 2:	Ancient Lakes near Quincy, Washington
Cindy Miller Entry 1:	Little Pend Oreille National Wildlife Refuge
Michelle Eames Entry 1:	Rustlers Gulch
Ken Carmichael Entry 2:	Mt. Spokane State Park, a Favorite Place to Ride
Patti Carmichael Entry 1:	Escure Ranch (Aka: Rock Creek Recreation Area)
Ken Carmichael Entry 3:	Lakeview Ranch, a Favorite Place to Ride

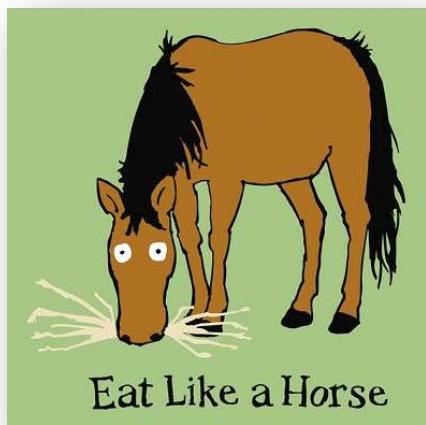
On the Lookout for Stomach Discomfort

By Carol Klar

I had an interesting experience last week, when I took my young Saddlebred mare out for a ride. She was agitated, fidgety, and at one point, reared straight up! Fortunately, she didn't flip, and we landed safely. We rode for a bit more, and then I dismounted.

This whole event puzzled me, since she's usually pretty easy to ride. I discussed the situation with a few horse-savvy friends, and then pondered. Was this just behavioral or is something physical going on here? I made a call to the vet, and he said it could be lots of things, but suggested that I try a product called Purina Outlast, which is a feed additive that neutralizes stomach acid. I found it at Basin Feed in Cheney. After a few days on Outlast, the mare seemed more comfortable, and her behavior improved.

In retrospect, a somewhat obvious conclusion hit me. In the non-winter months, my horses are turned out in a spacious, mostly-dry pasture and have full-time access to a large bale of grass hay. In winter, when I'm not able to move the $\frac{1}{2}$ ton bales, they get fed 2 daily meals. In the short-dark days of the Spokane winter, that leaves quite a bit of time between the evening feeding and the morning feeding. During these hours, there may not be food in the stomach to absorb the stomach acid, so the acid is just sitting on the stomach lining, potentially creating irritation/discomfort, and if left unresolved, ulcers.



Being grazing animals, horses are built to have small amounts of food on a continuous basis. At all times, a good water supply is also important. The more we can simulate their natural environment, the better off they will be.

Horses can develop ulcers for many reasons, and the confirmation of equine ulcers generally requires an endoscopic exam by your vet. Horses with ulcers are often treated effectively with omeprazole (sold under a few different labels for horses), however, it can get expensive. This is one of many drugs used to treat human ulcers and other stomach issues. If you are being treated, consult the vet before sharing your meds with your equine friends!



"What hurts? Your foot? ... No wait don't tell me, let me guess."

Resolving stomach irritation before it turns to ulcers is a better option and far less costly, but an owner must be vigilant in recognizing the signs of discomfort. Hopefully, my mare will be happy on the Outlast supplement and an increased offering of hay, until the grass returns and the large bales are once again available!

Saddle Fitting Opportunity – April 14-15, saddlemaker and fitting consultant, Steve Sefely of Bison Saddlery, Helena, MT, will be here in Spokane. Steve works on both English and western saddles, and provides quality service at reasonable rates. If you'd like further info or want to book a saddle-fitting appointment, please contact Carol Klar at cklar32@gmail.com

MOOSE IN THE MIST

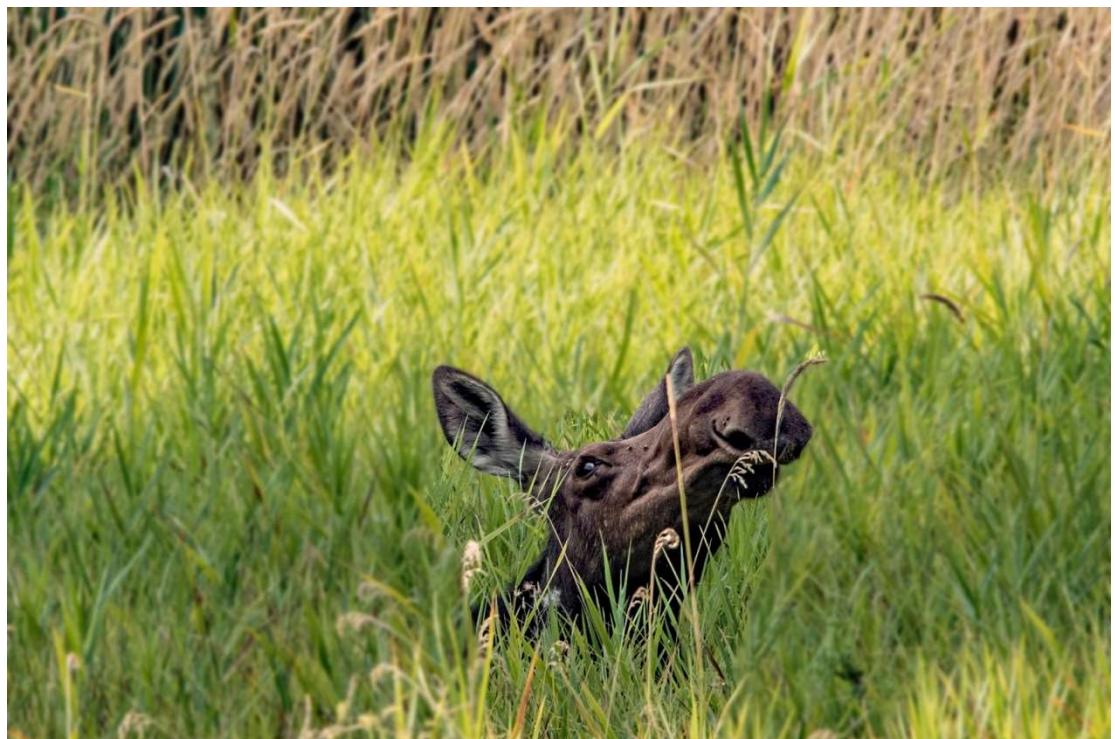
By Cindy Miller

For the past week, a moose has been creeping around the barn and stalls where my horses reside. There are BIG hoof prints everywhere, and of course he/she has been sited lurking around the premises trying to break into the barn where the hay is stored. When it is foggy, moose appear it seems. All the horses are freaked out, and as the beast usually hangs around at night and early morning, the horses are exhausted. Their hay has not been eaten in the morning. One horse of mine has an awful fear of moose after encountering a giant bull moose on the trail a couple of years ago (horses don't forget). His paddock footing has been pulverized by his gyrations of whirling, turning, and spinning around as he ran in small circles frantically

trying to escape
and knowing he
could not flee from
a 'predator.' He is
still spooky and on
guard, whites of his
eyes still flashing,
ears up, ready ... It
has been 48 hours
and there has not
been another siting
of the moose.

However, he has
twisted or pulled
something in his
back or hip, and his

movement is awkward. He has a response when trotting, as if there is a bolt of pain somewhere in the high hind area. I'm sure I can attribute this physical problem to his panic contortions he displayed while trying to flee from the moose. Hopefully, his body will recover soon and his symptoms of PTSS will decrease! Anyway, BEWARE OF MOOSE IN THE MIST! A call to the chiropractor has been made.



Forwarded by Jeff Chapman, BCHW, in November but the information is still relevant:

7 Reasons to Save Our Parks Now

The clock is ticking on repairs to these national treasures

November 20, 2018

By: [Marcia Argust](#)

The Pew Charitable Trusts

Our national parks, which welcome hundreds of millions of visitors every year, are in trouble. The National Park Service has a repair backlog of nearly \$12 billion. If we want our parks to continue documenting our history, providing world-class recreation areas, and bolstering local economies, the time to act is now. Here are seven reasons:

1. Congress is poised to act.

More than half of the U.S. House of Representatives and one-third of the U.S. Senate support bipartisan legislation ([H.R. 6510/S. 3172](#)) to restore our parks. Key committees in both chambers have held hearings and [approved bipartisan legislation](#) that would address priority national park repairs over five years.

2. America wants Congress to #FixOurParks now.

A recent Pew commissioned poll shows that [76 percent of Americans](#) want Congress to pass funding to fix our parks.

3. Businesses and other stakeholders say lawmakers should tackle the repair backlog.

Nearly 3,000 local officials, businesses, and organizations across the country have [called on Congress](#) to dedicate more resources to fixing our parks.

4. Action to #FixOurParks is long overdue.

The National Park Service is over 100 years old. Many of its sites and facilities are deteriorating and facing pressures from increased visitation. Congress hasn't made a significant investment in our parks in more than 50 years, resulting in a [backlog of repairs](#) that would cost almost \$12 billion to fix.

5. Restoring our parks is a smart investment.

[In 2017 alone, national park visitors](#) spent over \$18 billion in local communities, generating more than \$35 billion in national economic output and [over 306,000 jobs](#).

6. Addressing the national park backlog will create jobs.

A Pew-commissioned analysis found that fully investing in the national park backlog has the potential to [create or support approximately 110,000 jobs](#).

7. Making repairs now saves money later.

Addressing maintenance issues as soon as possible limits the extent of damage and keeps repair costs from escalating over time while preventing the backlog from growing.

Marcia Argust directs The Pew Charitable Trusts' campaign to restore America's parks.



2019 Officers and Other Chapter Staff:

Lyle "Doug" Bailey, President
Diana Birge, Treasurer
Patti Carmichael, Secretary
Craig Volosing, Lands Chair
Ken Carmichael, State Director
Carol Klar, Volunteer Hours Coordinator
Michelle Eames ,Newsletter Editor
Cindy Miller, Webmaster/Facebook
Gary Miller, Photographer
Patti Sander, Education Chairman
Tom Birge, BCH Store Manager
Doug Bailey, Trail Boss

Everyone can contribute to make the PBCH a successful group to support our mission. We can use help with legislative communications, membership, publicity, etc. Think of what you can do, and together "We will get it done!"



From the Editor:

I invite you all to send me your stories, tips, jokes, articles, photos, words of wisdom or whatever. I especially would like to encourage our officers and committee chairs to share their thoughts, visions and projects. The goal here is to make the newsletter fun, entertaining and informative.

Michelle Eames, Editor

P.S. Please send me photos of you and your equine buddy so I can highlight you in our newsletter! Introduce yourself to the new members with background on you or your horse!