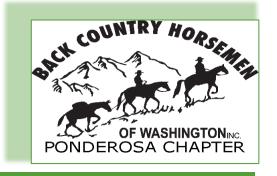
## PONDEROSA

**Back Country Horsemen of Washington** 



"Keeping Washington Trails Open"

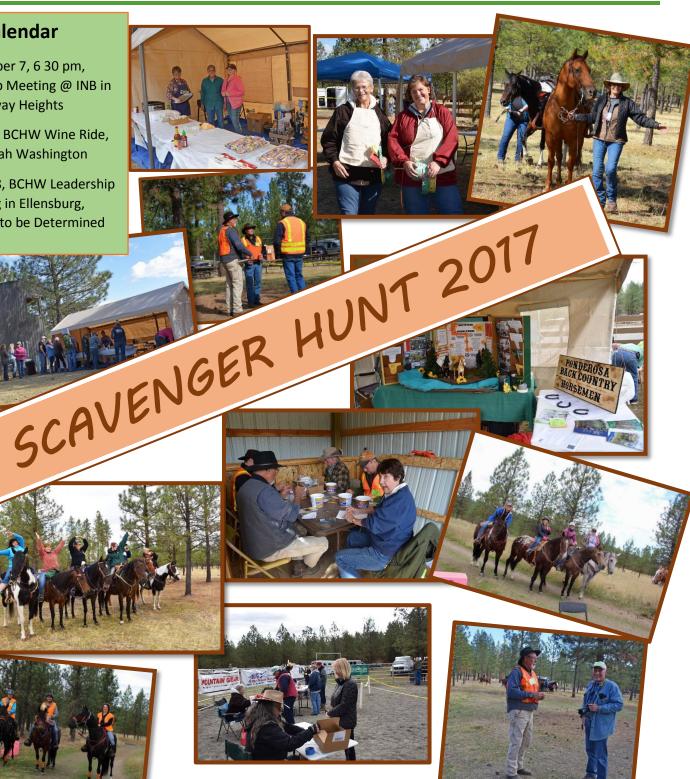
October-November 2017

#### Calendar

November 7, 6 30 pm, Membership Meeting @ INB in Airway Heights

October 28, BCHW Wine Ride, near Zillah Washington

January 2018, BCHW Leadership Training in Ellensburg, Exact Date to be Determined



## Scavenger Hunt Wrap Up By Ken Carmichael

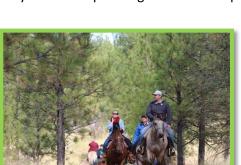
The second annual Ponderosa Fall Fun Ride and Scavenger Hunt is in the books. We can declare it a great success from

the stand point of weather, attendance, customer satisfaction, smooth operation and financially.



There are many ways to measure success but some of the major ones are if it runs smoothly, no one is hurt and the customers have a good time. We score very high on all of these. The way this comes about is having a great group of volunteers working before the event and giving it all the day everyone shows up. We had 29 volunteers on site. That counts for something. But the key is that everyone did a great job at what they were doing and made the customer feel comfortable.

Some of the changes we had this year include: fantastic outriders and check station which made our customers more comfortable and safe, a new location for the finish line to have a smoother finish, more people counting the results of the scavenger hunt and a live auction for two of the prizes. Problem is that when you double the number of volunteers but then also nearly double the number of customers you do not gain a great deal. For next year we are planning even more improvements.



Some of us like statistics, including me, so here are some. We had 69 preregistrations and 54 late registrations. We served 120 lunches. The riders went out in teams. There were 9 teams of 1, 27 teams of 2 and 19 teams of 3. We had riders from Idaho, Oregon and all over Washington. My understanding is that the campground was full.

We want to thank all the people that came out to have a good time and support BCH. They enjoyed a good ride, chili feed, door prizes, raffles, crazy hat contest, guess the number in the jar and a live auction. And they had a

safe, comfortable place to camp and ride. In addition, we want to thank the 43 sponsors that donated prizes and cash to the event. This is great support from our community. As I returned banners to many of them they all indicated that they are ready to support the Ponderosa chapter in the future. In addition, we want to thank the staff at Riverside State Park that provided their support and access to a great venue for our event.

We have reviewed the operation in small groups and at the October membership meeting. As always we will continue to make adjustments to have the event go more smoothly, have a financial return and improve the experience of all those involved. We also review comments provided by the riders.

We will put away the paperwork and take a few months off then start planning for next year. We have reserved the area for Saturday, September 29, 2018 so plan on being there.

#### **CHAPTER ELECTIONS**

#### By Patti Sander

Officer Elections were held at the October Membership Meeting. All four positions, President, Secretary, Treasurer and State Director were to be filled. Nominations were presented and officers were elected by majority vote.

Following are your officers for the 2017-2018 year:

Dean Giles, President
Shannon Barnhart, Secretary
Joyce Johnson, Treasurer
Ken Carmichael, State Director

#### **Membership Chairman Needed**

Don Groshon has resigned as our Membership Chairman. Thank you Don, for your service, you are appreciated.

If any of you are interested in filling this position, please contact Dean Giles or Ken Carmichael.

Membership Chairman is an appointed position that is extremely important to the Chapter. It entails identifying opportunities for new members, making contacts for new members, inviting them to a meeting, and following up with them.

## State Parks Commissioner Meeting By Ken Carmichael

During the week of September 25<sup>th</sup> the State Parks Commissioners met in Spokane. This a group of 7 people appointed by the governor to determine policy for state parks.

At each meeting they try to take a field trip at an area park to learn more about the area. This year they took a kayak trip down the Little Spokane River. As a member of the Riverside State Park Foundation I was invited to attend, besides I provided 4 of the kayaks.

WASHINGTON

This may sound like all fun and no work but have casual conversations with many of the when meeting them in a more formal BCH is and are more willing to hear our

I also attended most of the formal took that opportunity to speak during the during bread. Mainly I was emphasizing the Riverside State Park Foundation and BCH.

in reality it was a great opportunity to commissioners. This is beneficial as then environment they know who I am, who comments.

commissioner meeting on Thursday and session and meet with commissioners value of volunteer groups, such as the

One agenda topic was reclassifying land at Mt. Spokane State Park so that the shop and equipment can be moved to a new location. They are now built over a stream which is not good. This passed with no problems.

I am always happy to represent equestrians, and the general public, at such meetings. I really feel that it is to our advantage to put a face on our organizations so that we can work more closely with state parks.

## BCHW Leadership Training By Ken Carmichael

In 2018 the BCHW Leadership Training will take place in Ellensburg in January. A date has not been set but it will be on a Saturday.

For the last several years we have had two meetings, one for each side of the state. We now feel it is better to have everyone together as we did in the past.

This is a meeting for all leaders in the chapters and those that want to become more involved. It is a great networking tool as we share ideas with other chapters.

I do not know the final agenda but there is always something you will benefit from. I encourage everyone to attend.

I will let you know more as information becomes available.

## BCHW Wine Ride and Volunteer Opportunity By Ken Carmichael

This year the BCHW Wine Ride is on Saturday, October 28 near Zillah Washington.

There are two opportunities for to ride the event. Second, there is a need

For the last 3-4 years I have gone to Zillah horse. I have helped with parking on one of the 15 wineries that the riders visit wineries to the registration area. There counts as volunteer hours.

Here is how it works. Riders arrive Friday between 9:30 and 11:30 am to visit as They can sample and buy wine. This is where they can pick it up. There are Many stay Saturday night and leave Sunday.



everyone. First is the opportunity for many volunteers.

to volunteer and do not take my Friday and Saturday, been a host at and helped haul the wine from the are other jobs as well. This all

and Saturday. Riders ride out many wineries as they want to visit. transported back to registration prizes, food and costume contest.

This is great fun and a major fundraiser for BCHW, keeping our membership fees at a minimum.

Registration information is on the BCHW website <a href="www.bchw.org">www.bchw.org</a>. You may also contact Deb Wesselius about volunteering. I will be there and it will be fun.

#### **Cache for Cash**

(a new classified ad section for things to sell, trade, or even just give away free to get it out of your barn)

#### Tack for Sale from Ken Carmichael

Some of you may remember Sam and Vicki Moeller. Sam was a long time BCH member and a packer enjoying many years in the back country.

With Sam's passing earlier this year Vicki is now prepared to dispose of a lot of Sam's equestrian equipment. She has many saddles and an assortment of equipment including all the pack equipment you could want.

You can reach Vicki at 951-7996 to get more details and a time to see the equipment.

#### Horse Trailer and Saddles from Tim Rundquist

We have finally come to the conclusion that we have "aged out" of back country riding. Horse trailer and saddles for sale: Three Tucker saddles: an endurance saddle, a Canadian Mountie style suspended saddle, and a treeless saddle. All are in excellent condition and VERY comfortable for even very long rides. This trailer and these saddles still have many, many miles of use on them. People can call at 509-995-1348 (Tim), or 509-389-4109 (Chris). They were about \$2,000 each new. Reasonable offers will considered.

### **Hooves and Finns**

#### By Dean Giles

I used to read a lot, and one of my favorite authors was Jack London (Call of the Wild, White Fang). His autobiography was titled, "Sailor on Horseback". This is interesting to me for several reasons. First, my dad's name was Murray and he had a career in the Navy. I was told the name Murray has Scottish roots, and means "sailor"; that fits! He also had a horse at one time, a mean tempered beast named Rusty. He literally was a sailor on horseback.

Although I go by my middle name Dean, my first name is Murray (sailor). Somewhere, I picked up a love for horses too, and ended up with a mean tempered beast named Dillon. There is some continuity there...

My father's roots were mainly the British Isles, but my mom is full Finnish- her parents immigrated to Minnesota before she was ever around. Generally, Finland is much like Minnesota... lots of lakes, cold winters and mosquitos that are legendary. Northern Finland has lots of Saami people, nomadic reindeer herders.

All my rambling eventually gets to a point: I figure that if I ever wrote an autobiography, I'd title it "Hooves and Finns". "Finns" is close to "fins", as in parts of a fish. It's like turf and surf. Horses and sailors. Or it could refer to reindeer and reindeer herders. For me, it all fits.

So, you ask, what does this all have to do with Backcountry Horsemen?

How does a Finn, or a sailor, develop a love for horses? Culture, ethnic traditions, geography are all against them even meeting each other. How does anyone who is not raised around horses or in a horse inclusive culture even get exposed to horses?

The answer is usually that somebody introduced them to a furry friend with hooves. It could have been a friend, a friend of a family member, a co-worker, or a romantic interest... just somebody that had a horse and was happy to introduce them to someone that was once a stranger. It's funny how they aren't strangers anymore after sharing a horse ride!

We all know people that are strangers to horses- lets reach out and maybe get them to come on a ride. Young people especially- a little exposure to a big scary animal can be empowering. Let's make a goal of opening up to somebody that isn't already horse crazy. People that don't know about horses don't care about horses, or the amazing experience of riding in scenic areas. More people exposed to horses equals more people that care. More people caring equals more support for the mission of BCH.

Having horses has greatly enriched my life, and may have the same effect on others. Introduce your furry friend to a stranger. You never know who will get the bug.

### **Comfort Food**

#### **By Michelle Eames**

Fall. The days are warm, the nights are cold, and our minds turn to wood stoves, holidays, and comfort food. Where others see a jack-o-lantern, I see an opportunity for pumpkin pie. My husband says pumpkin pie is the perfect food, since it has all of the major food groups: eggs for protein, dairy, grain in the crust, and the pumpkin is a vegetable (we won't dwell on all the sugar). It pretty much works for breakfast, lunch, and dinner.

I didn't get out much this past summer, and I likely won't be camping this fall, but we do have some brush piles to burn. Often, if we are burning we cook outside, usually a stew. I'm not very good at Dutch oven cooking, but there is no time like the present to practice some creative recipes. Below I list some recipe's I plan to try.

#### **Breakfast Pizza**

(From: 101 Things to do with a Dutch Oven, by Vernon Winterton)

1 pound sausage

1 green bell pepper, chopped

1 medium onion, chopped,

1 package, (8 oz.), sliced mushrooms

3 tubes refrigerator biscuits

10 eggs, well beaten

1 medium tomato, chopped

1 can (4 oz) sliced olives

½ pound Monterey jack cheese

½ pound mozzarella cheese

Cook sausage, pepper, onion, and 'shrooms in Dutch oven. Drain excess grease and remove. In same Dutch oven, arrange biscuits on bottom, and then spoon sausage mixture over top. Pour eggs over top of that. Sprinkle tomato, olives, and cheeses over the top of all the rest. Bake 30 minutes at 325 degrees using 8 coals on bottom and 16 on top. Serve with salsa on the side. Makes 8 servings.

#### **Lunch: Pepper Bellies**

Okay, this isn't a Dutch oven recipe, but it's an old family camping recipe. I have no idea why these are called pepper bellies. I remember them from camping as a kid... maybe I have the name wrong? But we're going with it.

Fritos in individual snack-size bags (not Dorito's, must be Fritos).

Can of chili, warmed up.

Grated cheddar cheese.

Take the Frito bag, turn it on its side, and slice open one side with your handy, ever-present, camping pocket knife. Open up the bag, and spoon warmed up chili into the "envelope" of Fritos. Top with cheese. Maybe add some onions. Eat with a spoon. Go back for seconds.

#### **Dinner**

After that hearty breakfast and lunch, I would probably skip dinner and go straight to dessert. I was looking through several of my own and PBCH's Dutch oven cook books, and there were so many good looking main dish recipes it was hard to decide which recipe to share. However, long ago my friend Susan gave me a Dutch oven recipe that she said they would take on rafting trips. I believe it's from The Outdoor Dutch Oven Cookbook by Sheila Mills.

#### Susan's Spicy Pesto Lasagna

- 2 ½ pounds bulk sausage (optional)
- 1 pound fresh pasta spfoglia sheets. [Note: I have no idea what spfoglia is either. Susan has a note that she uses "pre-cooked/no boil" lasagna noodles.]
- 2 jars (10 ounces each) pesto sauce
- 12 tomatoes, sliced
- 4 cups plain yoghurt
- 2 pounds Monterey Jack cheese, grated (8 cups)
- 6 ounces Parmesan cheese, grated (2 ½ cups)

Brown sausage in Dutch oven or skillet. Drain off fat. Arrange one layer of pasta in each of two Dutch ovens. Spread each layer with  $\frac{1}{2}$  of the pesto. Break up  $\frac{1}{2}$  of the sausage thinly and evenly over the pesto. Layer Tomato slices over sausage. Spread with  $\frac{1}{2}$  of the yogurt and sprinkle with Monterey Jack and Parmesan. Add another layer of pasta and repeat layers of pesto, sausage, tomato slices, yogurt, and cheese. Cover top layer with sliced tomatoes and sprinkle with Parmesan.



Bake in Dutch oven 35 to 40 minutes, until golden and bully. Spoon off excess oil. Let stand 10 minutes before serving.

Hmm... I just noticed every recipe so far has cheese in it. Gooey melted cheese. You really can't go wrong with melted cheese on or in just about everything. Except maybe chocolate...

#### **Dessert**

I actually have done dessert before in the Dutch oven. This is my favorite Dutch oven dessert recipe, and I'm not sure I will ever need another one. If you like chocolate, with a bit of fruit to make it "healthy", you will like this.

#### **Cherry Chocolate Fudge Cake**

(From Camp Cooking; 100 Years, by the National Museum of Forest Service History)

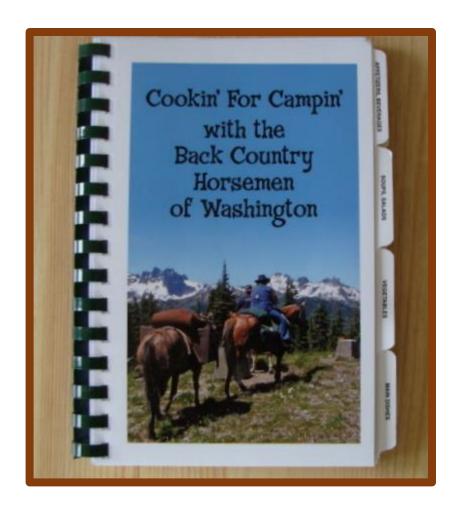
2 (21-oz) cans cherry pie filling

1 (1 lb 2.25-oz) package chocolate fudge cake

Any ingredients associated with the cake mix

Pour pie filling into bottom of a large (12-inch) Dutch oven. Mix up the cake mix according to package directions and gently pour over the cherries. Cover and cook about 45-60 minutes- test with toothpick. Do not overcook on the bottom. [Note: this recipe book says for a 12-inch Dutch oven, use 12 to 14 briquettes on top, and 10 to 12 on bottom. A different book says don't open a Dutch oven during baking: use the smell test, not the toothpick test. That same book says if it smells done, its done, and if it smells burnt, its burnt. I guess that's why we need to practice.]

I wonder if I can make a pumpkin pie in a Dutch oven. Anyone have a recipe? Share your favorite Dutch oven recipes, or put them on our facebook page.



This cookbook, and other cool things can be found at the BCHW store. http://www.bchw.org/lnt/main/BCHW%20Store.htm

### THANK YOU

"The strength of the team is each individual member.

The strength of each member is the team"

Phil Jackson

### **BCHW Board Meeting**

#### By Ken Carmichael

I attended the BCHW board meeting in Ellensburg on Saturday, September 16. Doug Bailey attended as well as a guest. As always it was a busy meeting with 31 agenda items. Committee chairs are requested to submit written reports to enhance the efficiency of the meeting.

As chair of the Governance & Bylaws Committee I requested board approval to adopt 4 governing policies to bring BCHW more in line with government regulations and good business practices. All of the proposals were approved.

BCHW Executive Director Nicole Sedgwick initiated a meeting with the Washington Trails Association, Pacific Northwest Trails Association and Pacific Crest Trails Association to explore a working model for trails management. The goal will be for the 4 organizations to work together organizing and collaborating to open trails in areas where each organization has a stake and an interest. The Pasayten was identified as the area where the 4 organizations have similar and overlapping goals.

BCHW membership has declined from this time last year. Through the BCHW Membership Development Program we will work to reverse this trend.

BCHW continues to have a full page exposure in the Northwest Horse Source magazine. Teri Starke would like some help editing this page. It is a great resource to get the BCH name out to the public. Chapters are encouraged to provide information, which PBCH does do. Do you want to volunteer to do this job?

The BCHW calendar continues to be a successful fundraiser and publicity for BCH. All the pictures are by BCH members. For the 2019 calendar email your photos to <a href="mailto:bchwcalendarphotos@gmail.com">bchwcalendarphotos@gmail.com</a> by March 1<sup>st</sup> to be included in the calendar. Mail disks to 1271 Wilson Creek Rd, Ellensburg, WA 98926. Make sure they are postmarked by February 15, 2018.

The Winery Ride was discussed. See the other article in this newsletter. We need about 80 volunteers so consider coming to Zillah for a good time as a volunteer.

The State Wide Work Party planned for August was cancelled due to the Noisy Creek Fire closing access to Gypsy Meadows. The 2018 WWP is in the planning stage looking to be on the Wenatchee River District. No dates have been chosen yet.

As you all know the Washington State Legislature has not passed a capital budget. This means that grants, while having been rated, have not been funded for the 2016-2018 cycle. This is affecting many work parties including PBCH at the BLM Lakeview property. We will have to have patience and work with the agencies through this.

The John Wayne Trail projects east of the Columbia River were pulled from both the House and Senate draft capital budget. Long and short of this is that we have to watch this very closely as there is a chance that there will be language in the budget that will kill the trails east of the Columbia altogether. This could include killing the Columbia Plateau Trail as well.

Jeff Chapman (BCHW) is working with agencies, Governor's Office and many non-profits on developing a report to the legislature on recreational fees, both state and federal, and where we might make improvements. The report is scheduled to be completed by December 1, 2017

Next year, 2018, will be the 50<sup>th</sup> Anniversary of the establishment of the National Trails System, created by Congress as a dynamic experiment in the citizen-based public/private trail building for public benefit. Over the past 20 years tens of thousands of citizen volunteers have contributed more than 17 million hours to build and maintain these trails and nonprofit trail organizations have provided nearly \$172 million to help sustain them. BCH has played a major role in this effort. The Administration's 2018 budget for trails and the agencies that manage and maintain trails on federal lands would undo much of what has been accomplished. BCH is working hard with other nonprofits and agencies to address these issues. I have more facts on this if you are interested.

The Executive Director reported on several administrative issues such as: grants, collaboration of organization for trail work, leadership training, stewardship grant, credit card issues, sawyer database, conference calling, DNR board meeting, Snoqualmie ranger district, rendezvous and improved agenda. All of this will help BCH run more smoothly.

BCHW 2016-2017 grant is almost complete. It was for \$150,000 and we matched this with over \$187,000 in labor, equipment and funds completing more trail maintenance than we proposed in our application. For 2018-2019 we had such demand from the chapters that we have submitted two grant requests for \$150,000 (the limit) and \$129,740. We are hopeful that both will be funded.

The BCHW store continues to be active. They are at BCHW events, such as the rendezvous and Winery Ride. In addition I can pick up items at the BCHW board meetings if a PBCH member wants something. The store can be found on the BCHW website at <a href="https://www.bchw.org">www.bchw.org</a>. Think Christmas present and great way to promote BCH.

The Volunteer Hours year ended September 30. **Carol Klar** will be providing the state with PBCH final hours which will be passed on to BCHA. We will see final figures for the state in December. Thank you to everyone who took the effort to record these important hours.

An updated Personal Protective Equipment (PPE) chart has been posted on the BCHW website. Trail Work Leaders can reference this in order for trail maintenance work parties to be in compliance with USFS regulations. This information can be reviewed at <a href="https://www.bchw.org">www.bchw.org</a> bottom of the left side navigation chart, click on Trail Leadership Safety Info, then click on Trail Work Leader under BCHW Support Info.

BCHW elections for four officers will be at the December board meeting. The offices are: President, Vice President, BCHA Director and BCHA Alternate Director.

For years BCHW has considered several alternatives for improving the membership application process. BCHA is offering a computerized program called "Your Membership". The board voted to use this program in 2018. **Joyce Johnson** will be following this process closely as it affects PBCH and will keep us informed. We will always be able to write a check to PBCH if desired.

We were all reminded that when purchasing from Amazon if we use Smile. Amazon. com a donation from Amazon can be directed toward BCHW. We are encouraged to use this feature to help fund our mission.

Several agenda items pertained to specific trails or riding areas.

I think I have covered the board meeting. As stated before, it is a busy day with an active agenda. I encourage any chapter member to go with me to get a better feel about what BCH does.

# WANTED PUBLICITY PERSON!

#### **PBCH Needs You!**

Work with retailers, advertisers, potential sponsors, media, and PBCH committee members to assist with marketing, advertising and assisting in promoting the BCH Mission and Ponderosa Chapter.

Please contact Dean Giles or Ken Carmichael if you'd like to participate In this important service to your

I invite you all to send me your stories, tips, jokes, articles, photos, words of wisdom or whatever. I especially would like to encourage our officers and committee chairs to share their thoughts, visions and projects. The goal here is to make the newsletter fun, entertaining and informative.

Patti Sander, Editor

P.S. Please send me photos of you and your equine buddy so I can highlight you in our newsletter!



#### **2018 PONDEROSA CHAPTER OFFICERS**

Dean Giles, President
Joyce Johnson, Treasurer
Ken Carmichael, State Director
Shannon Barnhart, Secretary
Cindy Vance, Legislative Chair
Craig Volosing, Lands Chair
Membership Chair, VACANT
Doug Bailey, Trail Boss
Carol Karr, Volunteer Hours Coordinator
Patti Sander, Education Chairman
Cindy Miller, Webmaster/Facebook
Patti Sander, Newsletter Editor
Michelle Eames, Newsletter Publisher
Gary Miller, Photographer
Doug Stewart, Multi-Chapter Coordinator